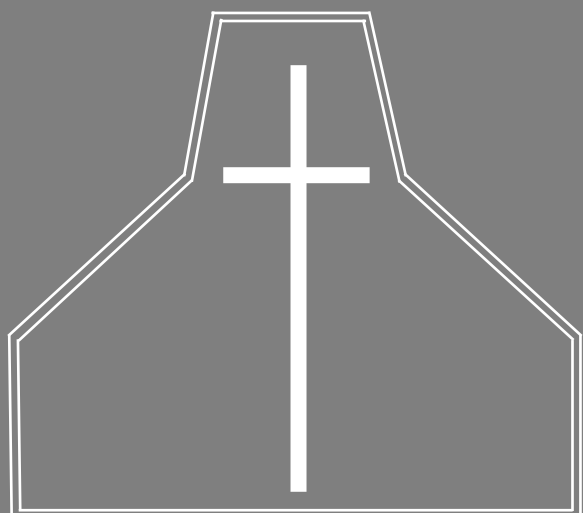


*“I lift up my eyes to  
the hills –  
Where does my help  
come from?  
My help comes from  
the Lord,  
The Maker of heaven  
and earth.”  
Psalm 121:1-2*



# Prayer Diary

## June 2020

**St Columba's**  
Parish Church

**Monday 1**

Give thanks for many donations given to the Lodging House Mission and for the teams that are making up packs of food and essential toiletries. Please pray for:

the vulnerable client group, who are missing the sense of routine and companionship the Lodging House Mission offers

the team members who remain on furlough or who are shielding

the hotels providing accommodation to our homeless community

**Tuesday 2**

Remember all those who live and work in Care Homes, Nursing Homes and Sheltered Housing, including Birdston Care Home and Lillyburn Care Home. Pray for the safety, wellbeing and encouragement of residents and staff alike during this coronavirus outbreak.

**Wednesday 3**

Pray for all those taking part in the Community Bible Project here at St Columba's reading through Luke and Acts with the booklet, 'The Story'. Pray for those groups meeting by Zoom for help with the technical aspects and for friendships to grow within the groups. Pray that God would speak to each person through His Word.

**Thursday 4**

Give thanks for those who work in our local GP practices, in Kirkintilloch Health Centre and in other local health care provision. Pray for them in the challenges they face with their continuing work on our behalf.

**Friday 5**

Pray for the headteachers and management teams of the local schools as they make plans for the return to school for children in August. Pray for safety, creativity, and resourcefulness as they support children, young people, and their families.

**Saturday 6**

Pray for those known to us who are unwell. Pray that they might get the support and services they need at this time and that they might find their help in the Lord, the Maker of heaven and earth.

**Sunday 7**

Give thanks for fun and faithful attendance at the Sunday Club and Bible Class on Sundays at 1030 via Zoom. Pray for the Bible Class as they read through Luke and Acts using a Community Bible Experience book called 'Dear Theo'. Pray for the Sunday Club for engagement and understanding of the lesson using a different format.

**Monday 8**

Remember families who have recently lost loved ones. Pray that they might find hope and comfort in our Lord and Saviour, Jesus Christ.

**Tuesday 9**

Remember all those who help with the East Dunbartonshire Foodbank in Kirkintilloch as they continue to provide emergency food and support to people in crisis. Give thanks for those who deliver food parcels and pray for those who coordinate this important work. Pray that people in our own community who are

hungry might get the food they need.

**Wednesday 10**

Please pray for those in the Friendship Club and the Following Jesus group who will be missing friends and fellowship. Pray for them to adapt to different routines and help them to trust God in this difficult time. Pray for families and carers as they support them.

**Thursday 11**

Remember the doctors and nurses and others who work in our National Health Service, especially those who are caring for patients with coronavirus. Remember those in Accident and Emergency and Intensive Care Units. Pray for protection and strength, and that they would get all they need to do their work as safely as possible.

**Friday 12**

Please pray for all members of the 1<sup>st</sup> Kirkintilloch Boys' Brigade while they are unable to meet with friends and colleagues in the church halls on Friday evenings. Give thanks for the BBatHome programme which has enabled The Boys' Brigade to continue to reach out and engage children and young people throughout the UK and Republic of Ireland.

**Saturday 13**

Remember those with mental health conditions who are finding the current lockdown restrictions especially tough. Give thanks for the easing of the restrictions a little to allow some limited social interaction. Pray for those who care for a family member in their

own home, many of them without their usual support. Remember too those with addictions.

### Sunday 14

Pray for each of us that we would be growing to know and love God more. Pray that God would help us to read the Bible and pray each day and that He would be making us more like Jesus.

### Monday 15

Please remember the members of the Men's Club. Some live alone and others have specific health needs at this time. Pray for ongoing patience with the current situation.

### Tuesday 16

Give thanks for the strong friendships that the Guild has fostered. Please remember especially the members who live alone. Pray for God's blessing on the new committee and for God's guidance in the days ahead.

### Wednesday 17

Pray for the work of the Scottish Bible Society. Pray for wisdom and guidance for their leadership team. Give thanks for the Community Bible Experience booklet, 'The Story' which the Scottish Bible Society helps to distribute. Pray that many churches in Scotland (as well as our own) may be blessed through the Community Bible Experience.

### Thursday 18

Give thanks for all those keyworkers who have continued to provide essential services over these past weeks. Give thanks for the recycling services restarting.

### Friday 19

Please pray for the local families that come to the Little Fishes Toddler Group. Pray for energy, ideas and patience for parents as they look after and home school children. Pray for the Facebook page that it would be an effective way of keeping in touch with families.

### Saturday 20

Scripture Union. A few holiday events have begun to run online groups with campers, and more are likely to begin in the coming weeks. Please pray for creativity for Team Leaders and for really good opportunities to have fun alongside exploring and discussing the Bible together.

### Sunday 21

Pray for Philip as he prepares for the service each week and that God would help him to preach the Bible faithfully. Pray for him too as he meets families from the parish who have been bereaved. Pray for the Kirk Session as elders encourage and support the members in their districts.

### Monday 22

Pray for those, many of them teachers and council workers, who are providing childcare to children of key workers and other children in Kirkintilloch. Pray that the children would feel secure as they are looked after in a welcoming and nurturing environment.

### Tuesday 23

Pray that we might be good neighbours to those that live near us. Pray that we might be a help and encouragement to

others. Pray for opportunities to share our faith in Jesus Christ, perhaps by inviting them to an online service.

### Wednesday 24

Pray for those who are experiencing domestic violence. Please enable the vulnerable to seek and be given support and for protection for those whose home is not safe. Please give wisdom and vigilance to social workers, care workers, health visitors and GPs who may be able to help.

### Thursday 25

Pray for all those locally with financial problems and anxieties as a consequence of coronavirus. Pray for small businesses and shops as they try to adapt to social distancing and other requirements. Pray for those who work for 'Christians Against Poverty' in Kirkintilloch and elsewhere.

### Friday 26

Pray for all those in national and local government with the difficult decisions they face every day. Pray that they might seek wisdom and understanding from God and that they might know His help and strength in their work.

### Saturday 27

Pray for the Leprosy Mission as it seeks to break the chains of leprosy and empower people to attain healing, dignity and life in all its fullness. Remember in particular those who work at Anandaban Hospital in Nepal providing reconstructive surgery and wound care for patients with leprosy.

**Sunday 28**

Give thanks for Jean playing the piano each week for the services. Bless those that are helping with the singing for the hymns and songs. Pray for each of us to be able to praise and worship God in our own homes.

**Monday 29**

Give thanks for and pray for those working at a national level within the Church of Scotland providing help and guidance to local churches during the current coronavirus outbreak. Pray that they might know God's leading as they do so.

**Tuesday 30**

Pray for the work of Tearfund as it responds to the worldwide coronavirus outbreak. Remember the Tearfund team in Liberia going from door to door making sure households are able to learn about ways to keep safe and limit the spread of the virus, and as they deliver food parcels.

Do join us if you can at our weekly online prayer meeting via Microsoft Teams. For details of how to connect, please contact Philip on [Pwright@churchofscotland.org.uk](mailto:Pwright@churchofscotland.org.uk)